The summer heat is upon us and COVID-19 has not gone away. It may be necessary to wear a mask or face covering while working outside in the summer heat when social distancing cannot be maintained.

**It is recommended not to soak your mask or face covering in water to feel cooler.** Wetting them can compromise their filtration capabilities. Although not required, Cooling Type Face Covering is a recommended alternative.

According to the CDC, face coverings are recommended as a simple barrier to help prevent respiratory droplets from traveling into the air and onto other people when the person wearing the cloth face covering coughs, sneezes, talks, or raises their voice; this is called source control.

COVID-19 spreads mainly among people who are in close contact with one another (within about 6 feet), the use of cloth face coverings is particularly important in settings where people are close to each other or where social distancing is difficult to maintain.

**REMEMBER: Work safe, wear your face mask, maintain 6 feet for social distancing (when possible) and if you are sick, please stay home.**